Quiz: Dry Eye

- 1- Which of the following describes dry eye syndrome?
 - a/ A group of disease affecting the film of tears over the eye.
 - b/ Plugged tears ducts.
 - c/ An autoimmune disease.
 - d/ A serious eye disease that always results in blindness.
- 2- Which of the following are the symptoms of the dry eye syndrome?
 - a/ Burning or stinging eyes?
 - b/ Excessive tearing
 - c/ A decrease tolerance of contact lenses.
 - d/ All of the above.
- 3- Which of the following is a test for dry eye syndrome?
 - a/ Schirmer
 - b/ Sojgren's
 - c/ Punctal plugs
 - d/ All of the above.
- 4 Which of the following kinds of drugs may aggravate dry eye?
 - a/ Some high blood pressure medicines.
 - b/ Antihistamines.
 - c/ Antidepressants.
 - d/ All of the above.
- 5 The prevalence of dry eye globally is
 - a/ 2-3 %
 - b/ 1-2 %
 - c/ 15-18%
 - d/30-40%

- 6 The risk factors for dry eye are
 - a/ Aging.
 - b/ Menopause.
 - c/ Autoimmune disease.
 - d/ All of the above.
- 7 The full form of CVS is
 - a/ Colloid visual shield.
 - b/ Computer vision syndrome.
 - c/ Carbomer viscosity scan.
 - d/ All of the above.
- 8 Which of the following is the principle treatment for dry eye syndrome?
 - a/ Having tear duct surgery.
 - b/ Adding artificial tears to the eye.
 - c/ Having an eye transplant.
 - d/ Taking antihistamine medications.
- 9 Tear substitute for the dry eye contain
 - a/ CMC
 - b/ HPMC
 - c/ PVC
 - d/ All of the above.
- 10 The polymer with the strongest mucoadesive property is
 - a/ Carboxy methyl cellulose.
 - b/ Hydroxy methyl cellulose.
 - c/ Poly vinyl alcohol.
 - d/ All of the above.

(See answer on page: 207)